# Health Screening Bundle for Ages 40 and Older

### 1. Standard Health Screening Bundle

Content		Items	
	Physical exam	Blood pressure, waistline, height, weight, body mass index, body composition analysis (InBody), vision, color vision, eye pressure	
	Blood tests	RBC (red blood cell), hemoglobin, hematocrit, MCV (mean corpuscular volume), MCH (mean corpuscular hemoglobin), MCHC (mean corpuscular hemoglobin concentration), RDW (red cell distribution width), WBC (white blood cell), platelet, WBC differential (i.e., eosinophils, basophils, neutrophils, lymphocytes, monocytes)	
	Blood sugar tests	Fasting blood glucose (AC glucose), hemoglobin A1C (HbA1C)	
	Lipid panel	Total cholesterol, triglycerides, low density lipoprotein (LDL) cholesterol, high density lipoprotein (HDL) cholesterol	
	Kidney function tests	Blood urea nitrogen (BUN), serum creatinine, estimated GFR (glomerular filtration rate), uric acid	
	Liver function tests	bilirubin, total, bilirubin, direct	
Standard	Electrolyte panel		
Bundle	Thyroid blood test	Thyroid blood test Thyroid-stimulating hormone (TSH)	
	Hepatitis screening	Hepatitis screening Hepatitis B antibody testing (i.e., HBsAg, Anti-HBs), hepatitis C antibody testing (i.e., Anti HCV)	
	Rheumatoid arthritis screening Rheumatoid factor (RF to detect rheumatoid arthri		
	Prostate test	Prostate test PSA (prostate specific antigen) test (men only)	
	Urinalysis	Urine color and appearance, chemical findings (i.e., protein, pH, ketones, glucose, bilirubin, nitrite, specific gravity tests), and microscopic findings (i.e., WBC, epithelial cells, crystals, bacteria)	
	Stool test Stool occult blood test		]
	X-ray exam Chest X-ray (front and left sides)		
	Cardiac exam Ultrasound	Resting electrocardiogram (EKG)Abdominal ultrasound (i.e., liver, gallbladder, pancreas, spleen, kidney)	
	Consultation	Physical exam by an internal medicine physician (e.g., complete medical history, auscultation, and palpation) ★ Gynecologic examination (for women only, includes Pap smear)	
	Other services	Lunch provided after the exams. A complete electronic report will be emailed to you.	

## 2. Additional Bundles (**※** high risk groups only)

Plan	Items	Male	Female	Fee(\$NTD)
	Helicobacter pylori test (blood antibody test)	•		2,000
Advanced digestive	Pepsinogen I/II (check for gastric cancer)		•	
system exam 2.0 (non-invasive)	Immunochemical fecal occult blood test (iFOBT)			
	Helicobacter Pylori Stool Antigen Rapid Test			
	Esophagogastroduodenoscopy (EGD)			11,650
	Colonoscopy			
A dynamod costroscomy	Endoscopic anesthesia (for EGD and colonoscopy)			
Advanced gastroscopy exam 2.0 (invasive)	CO <sub>2</sub> insufflation to reduce abdominal pain, low-residue meal replacement, laxatives, simethicone (oral defoaming agent to reduce gas and bloating)		•	
	Helicobacter Pylori Stool Antigen Rapid Test			
Lung cancer screening	Low–Dose Computed Tomography (LDCT)	•	•	6,000
Pelvic area exam (never engaged in sexual	CA-125 blood test (cancer antigen 125)			1,700
activity)	Pelvic ultrasound		•	
	CA-125 blood test (cancer antigen 125)			3,900
Pelvic area exam	Transvaginal ultrasound	-	•	
	Human papilloma virus (HPV)			
Standard breast cancer	Breast ultrasound			2 600
screening	2D mammogram		•	3,600
A dyan and branst annaar	Breast ultrasound			3,700
Advanced breast cancer screening	3D mammogram		•	
A draw and when he had at	Breast ultrasound			16,000
Advanced plus breast cancer screening	Breast MRI	-	•	
	Breast ultrasound	- •		18,500
Premier breast cancer	3D mammogram		•	
screening	Breast MRI			
	Echocardiogram	•		13,000
~	Carotid Artery Doppler Ultrasound			
Advanced heart and	Ankle-brachial index (ABI)		•	
vascular care	Cardio-ankle vascular index (CAVI)			
	Coronary artery calcium (CAC) scoring			
	Echocardiogram	_		
	Carotid Artery Doppler Ultrasound			
Premier heart and	Ankle-brachial index (ABI)	• •		28,550
vascular care 2.0	Cardio-ankle vascular index (CAVI)			
	Coronary Computed Tomographic Angiography (CCTA)			

Plan	Items	Male	Female	Fee(\$NTD)
*Premier plus heart and vascular care	Magnetic Resonance Imaging and Magnetic Resonance Angiography (MRI+MRA)	•	•	25,000
%Premier abdominal	Abdominal CT	_	•	12,000
screening	CA 19-9 blood test (carbohydrate antigen)	•		
	Bone mineral density (BMD) test		•	3,600
	Vitamin D deficiency test (D3)			
Bone health examination	PTH-intact			
	Free T4 (thyroxine)	•		
	ALP (Alkaline phosphatase)			
	Ten-year risk of fracture assessment			
Turun dia adam arawa	Anti-CCP antibody test (for rheumatoid arthritis)			1,800
Immune disorder exams	ANA (Antinuclear antibodies to detect autoimmune disease)	•	•	
Thyroid exam	Free T4 (thyroxine)			1,600
	Thyroid ultrasound	•	•	
Female hormone levels	Estradiol (E2) test	•	•	700
	Follice-stimulating hormone (FSH) test			,00
	Hepatitis A antibody test	•	•	1,450
Antibody titer test	Varicella Zoster Virus antibody test (chickenpox and shingles)			
	Measles, Rubella (MMR) immunity profile			
	Hepatitis B e antigen (HBeAg)	• •		900
Hepatitis B screening	Hepatitis B core antigen antibody (anti HBc)		•	
	HBeAg antibody (anti HBe)			
	Epstein-Barr Virus (EBV) DNA Detection by PCR	•		6,700
	CA 19-9 blood test (carbohydrate antigen)			
Tumor markers (Bundle A)	CEA test (carcinoembryonic antigen)			
(A)	PIVKA-II (Protein Induced by Vitamin K Absence II)	-		
	AFP (Alpha-Fetoprotein) blood test	1		
	Epstein-Barr Virus (EBV) DNA Detection by PCR			
	CA 19-9 blood test (carbohydrate antigen)			7,500
Tumor markers (Bundle	CEA test (carcinoembryonic antigen)			
B)	PIVKA-II (Protein Induced by Vitamin K Absence-II)	•		7,500
	AFP (Alpha-Fetoprotein) blood test			
	CA-125 blood test (cancer antigen 125)			

	Eye exam using fundoscopy and slit-lamp microscope	•	•	350
	Pure-tone hearing test	•	•	275
	Urine cytology (check for abnormal cells in urine)	•	•	720
	Pepsinogen I/II (check for gastric cancer)	•	•	1,000
	Esophagogastroduodenoscopy (EGD, includes sedation)	•	•	5,767
	Colonoscopy {includes CO <sub>2</sub> insufflation to reduce abdominal pain, low-residue meal replacement, laxatives, simethicone (oral defoaming agent to reduce gas and bloating)} and resting EKG	•	•	8,922
	Breast ultrasound		•	1,176
Individual exam	Physical mobility risk exam	•	•	1,200
options(The price is charged according to the	KUB (kidney, ureter, bladder) and lumbosacral spine X-ray	•	•	900
charging standard of the	Syphilis test	•	•	105
day)	Human papilloma virus (HPV) test for cervical cancer		•	1,500
	Thin PREP Pap Smear (additional fee for a more accurate cervical screening test)		•	1,000
	Bone mineral density (BMD) test	•	•	1,200
	HIV (human immunodeficiency virus) test	•	•	480
	MAST (multiple-antigens simultaneous test)	•	•	2,430
	Vitamin D deficiency test (D3)	•	•	776
	Typhoid bacterial culture test (via stool sample)	•	•	400
	Hepatitis A infection test (detect IgM antibodies)	•	•	415
	Hepatitis A immunity test (detect IgG antibodies)	•	•	350
	Chlamydia trachomatis RNA	•	•	1,800
	Neisseria gonorrhoeae DNA	•	•	1,560

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#### Note:

- 1. The standard plan package is bundled at a discounted price. Individual services within the standard plan package may not be exchanged or removed for a refund.
- 2. If multiple services or packages are purchased, any duplicate tests will be removed from the final invoice.
- 3. If you need to cancel your appointment, please contact us online (https://hmc.kfsyscc.org/visits) or call us 10 days prior to your appointment date.
- 4. For those scheduled for a colonoscopy, you will be reminded via text message with instructions to pay for the bowel prep medications 14 days prior to the examination date. The medications are shipped once the payment is received (NTD \$2000 per person).
- 5. If your exam includes a gastroscopy or colonoscopy, a biopsy or polypectomy may be required during the exam. It is recommended that you do not make plans to fly in the seven days after the exam. Pressure from high altitude travel may cause the hemostatic clips to fall off and affect the healing process.