

Health Screening Bundle for Ages 18-39

1. Standard Health Screening Bundle

Content		Items	Fee (\$NTD)
Standard Bundle	Physical exam	Blood pressure, waistline, height, weight, body mass index, body composition analysis (InBody), vision, color vision, eye pressure	9,600
	Blood tests	RBC (red blood cell), hemoglobin, hematocrit, MCV (mean corpuscular volume), MCH (mean corpuscular hemoglobin), MCHC (mean corpuscular hemoglobin concentration), RDW (red cell distribution width), WBC (white blood cell), platelet, WBC differential (i.e., eosinophils, basophils, neutrophils, lymphocytes, monocytes)	
	Blood sugar test	Fasting blood glucose (AC glucose)	
	Lipid panel	Total cholesterol, triglycerides, low density lipoprotein (LDL) cholesterol, high density lipoprotein (HDL) cholesterol (TC/HDL-C ratio), (LDL-C / HDL-C ratio)	
	Kidney function tests	Blood urea nitrogen (BUN), serum creatinine, estimated GFR (glomerular filtration rate), uric acid	
	Liver function tests	Liver enzymes test (i.e., aspartate aminotransferase (AST), alanine transaminase (ALT), gamma-glutamyl transferase (GGT),) albumin, globulin, total protein, bilirubin, total, bilirubin, direct	
	Electrolyte panel	Sodium, potassium, calcium	
	Thyroid blood test	Thyroid-stimulating hormone (TSH)	
	Hepatitis screening	Hepatitis B antibody testing (i.e., HBsAg, Anti-HBs), hepatitis C antibody testing (i.e., Anti HCV)	
	Urinalysis	Urine color and appearance, chemical findings (i.e., protein, pH, ketones, glucose, bilirubin, nitrite, specific gravity tests), and microscopic findings (i.e., WBC, epithelial cells, crystals, bacteria)	
	Stool test	Stool occult blood test	
	X-ray exam	Chest X-ray (front and left sides)	
	Consultation	Physical exam by an internal medicine physician (e.g., complete medical history, auscultation, and palpation)	
		★ Gynecologic examination (for women only, includes Pap smear)	
Other services	Lunch provided after the exams. A complete electronic report will be emailed to you.		

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2. Additional Bundles (※ high risk groups only)

Plan	Items	Male	Female	Fee(\$NTD)
Heart and Vascular Care	hemoglobin A1C (HbA1C)	●	●	6,300
	Echocardiogram			
	Ankle-brachial index (ABI)			
	Cardio-ankle vascular index (CAVI)			
	Resting electrocardiogram (EKG)			
Advanced digestive system exam (non-invasive)	Abdominal ultrasound (i.e., liver, gallbladder, pancreas, spleen, kidney)	●	●	2,200
	Immunochemical fecal occult blood test (iFOBT)			
	Helicobacter pylori test (blood antibody test)			
Advanced gastroscopy exam (invasive)	Esophagogastroduodenoscopy (EGD)	●	●	12,000
	Colonoscopy			
	Endoscopic anesthesia (for EGD and colonoscopy)			
	CO ₂ insufflation to reduce abdominal pain, low-residue meal replacement, laxatives, simethicone (oral defoaming agent to reduce gas and bloating)			
	Resting electrocardiogram (EKG)			
Advanced plus breast cancer screening	Breast ultrasound	●	●	16,000
	Breast MRI			
Pelvic area exam (never engaged in sexual activity)	CA-125 blood test (cancer antigen 125)	●	●	1,700
	Pelvic ultrasound			
Pelvic area exam	CA-125 blood test (cancer antigen 125)	●	●	3,900
	Transvaginal ultrasound			
	Human papilloma virus (HPV)			
Thyroid exam	Free T4 (thyroxine)	●	●	1,600
	Thyroid ultrasound			
Immune disorder exams	HLA-B27 blood test (for ankylosing spondylitis)	●	●	5,100
	KUB (kidney, ureter, bladder) and lumbosacral spine X-ray			
	Anti-CCP antibody test (for rheumatoid arthritis)			
	ANA (Antinuclear antibodies to detect autoimmune disease)			
	Rheumatoid factor (RF to detect rheumatoid arthritis)			

Plan	Items	Male	Female	Fee(\$NTD)
Antibody titer test	Hepatitis A antibody test	●	●	1,450
	Varicella Zoster Virus antibody test (chickenpox and shingles)			
	Measles, Rubella immunity profile			
Lung cancer screening	Low-Dose Computed Tomography (LDCT)	●	●	6,000
Hepatitis B screening	Hepatitis B e antigen (HBeAg)	●	●	900
	Hepatitis B core antigen antibody (anti HBc)			
	HBeAg antibody (anti HBe)			
Tumor markers (Bundle A)	Epstein-Barr Virus (EBV) DNA Detection by PCR	●		6,700
	CA 19-9 blood test (carbohydrate antigen)			
	CEA test (carcinoembryonic antigen)			
	PIVKA-II (Protein Induced by Vitamin K Absence II)			
	AFP (Alpha-Fetoprotein) blood test			
Tumor markers (Bundle B)	Epstein-Barr Virus (EBV) DNA Detection by PCR		●	7,500
	CA 19-9 blood test (carbohydrate antigen)			
	CEA test (carcinoembryonic antigen)			
	PIVKA-II (Protein Induced by Vitamin K Absence-II)			
	AFP (Alpha-Fetoprotein) blood test			
	CA-125 blood test (cancer antigen 125)			
Individual service options(The price is charged according to the charging standard of the day)	Eye exam using fundoscopy and slit-lamp microscope	●	●	350
	Pure-tone hearing test	●	●	275
	Urine cytology (check for abnormal cells in urine)	●	●	720
	Pepsinogen I/II (check for gastric cancer)	●	●	1,000
	Esophagogastroduodenoscopy (EGD, includes sedation)	●	●	5,767
	Colonoscopy {includes CO ₂ insufflation to reduce abdominal pain, low-residue meal replacement, laxatives, simethicone (oral defoaming agent to reduce gas and bloating)} and resting EKG	●	●	8,922
	Breast ultrasound		●	1,176
	Physical mobility risk exam	●	●	1,200
	KUB (kidney, ureter, bladder) and lumbosacral spine X-ray	●	●	900
	Syphilis test	●	●	105
	Human papilloma virus (HPV) test for cervical cancer		●	1,500
	Thin PREP Pap Smear (additional fee for a more accurate cervical screening test)		●	1,000

	Bone mineral density (BMD) test	●	●	1,200
	Proactive genetic testing for cancer risk	●	●	22,500
	Proactive genetic testing for heart disease risk	●	●	22,500
	Proactive genetic testing for cancer and heart disease risk	●	●	28,000
	Hereditary cancer genetic testing	●	●	27,500
	HIV (human immunodeficiency virus) test	●	●	480
	MAST (multiple-antigens simultaneous test)	●	●	2,430
	Vitamin D deficiency test (D3)	●	●	776
	Salmonella test (via stool sample)	●	●	400
	Hepatitis A infection test (detect IgM antibodies)	●	●	415
	Hepatitis A immunity test (detect IgG antibodies)	●	●	350
	Chlamydia trachomatis RNA	●	●	1,800
	Neisseria gonorrhoeae DNA	●	●	1,560
	Abdominal ultrasound (i.e., liver, gallbladder, pancreas, spleen, kidney)	●	●	1,764
	Carotid Artery Doppler Ultrasound	●	●	1,600
	Transvaginal ultrasound		●	1,914

Note:

1. The standard plan package is bundled at a discounted price. Individual services within the standard plan package may not be exchanged or removed for a refund.
2. If multiple services or packages are purchased, any duplicate tests will be removed from the final invoice.
3. If you need to cancel your appointment, please contact us online (<https://hmc.kfsyscc.org/visits>) or call us 10 days prior to your appointment date.
4. For those scheduled for a colonoscopy, you will be reminded via text message with instructions to pay for the bowel prep medications 14 days prior to the examination date. The medications are shipped once the payment is received (NTD \$2000 per person).
5. If your exam includes a gastroscopy or colonoscopy, a biopsy or polypectomy may be required during the exam. It is recommended that you do not make plans to fly in the seven days after the exam. Pressure from high altitude travel may cause the hemostatic clips to fall off and affect the healing process.